



# THE INDIAN KURASH ASSOCIATION (Regd.)

(RECOGNIZED MEMBER OF INTERNATIONAL KURASH ASSOCIATION)

RECOGNIZED BY OLYMPIC COUNCIL OF ASIA

Office: 63, Parwati Dham, Circuit House Road, Sharda Nagar, Saharanpur (UP) -247001

Email: [theindiankurashassociation@gmail.com](mailto:theindiankurashassociation@gmail.com) | Website: [www.indiankurash.org](http://www.indiankurash.org)

Phone: +91 9711346930, +91 9259715717

## **PRESIDENT**

**RAVI KAPOOR**

Technical Director

International Kurash Association

## **GENERAL SECRETARY**

**VIKRANT KUMAR**

3 Star Referee

International Kurash Association

## **SELECTION POLICY FOR THE INDIAN KURASH TEAM FOR THE ASIAN GAMES 2026**

The Indian Kurash Association (TIKA) has established a transparent selection process for Asian Games 2026. This document outlines the criteria for selecting athletes based on their performance and trials.

<b>STEPS OF SELECTION POLICY</b>	
1.	<b>ELIGIBILITY CRITERIA</b>
2.	<b>SELECTION OF PROBABLES</b>
3.	<b>COACHING CAMP</b>
4.	<b>MEDICAL &amp; FITNESS CLEARANCE</b>
5.	<b>FINAL SELECTION TRIALS</b>

## **1. ELIGIBILITY CRITERIA:**

All participating athletes must fulfill the following conditions:

- **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- **Passport:** Must possess a valid Indian passport with a minimum validity up to 31 March 2027.
- **Age:** Must be born on or before 01 January 2009.
- **Weight Categories:**
  - Men: -66 kg, +90 kg.
  - Women: -57 kg, -78 kg.
- **Match Duration:**
  - Men – 4 minutes.
  - Women – 3 minutes.
- **Prior Participation:**

A player will be eligible to participate in the Selection Trials only if he/she has participated at least once in a valid Senior / Junior / School National or International Kurash event during the years 2023–24, 2024–25, or 2025–26.
- **Restriction on Participation**

Athletes included in the World Ranking List of similar martial arts disciplines shall not be eligible to participate in the selection trials.

## **2. SELECTION OF PROBABLES:**

For **Asian Games 2026**, 4 players will be selected as Probables in each weight category. The selection process will be as follows:

### **A. DIRECT SELECTION:**

Medal winners of **Asian Senior Kurash Championship 2025** in Women -57 kg, -78 kg and Men -66 kg, +90 kg weight categories will be automatically selected as Probable players. However, if a player has changed his/her weight category, this benefit will not be granted.

For the +90 kg weight category, all those players will be automatically selected as Probables who have won medals in weight categories above 90 kg at Asian Senior Kurash Championship 2025, South Korea.

(For direct selection, medal winners of Asian Championship 2025 will be asked through email whether they wish to avail this benefit as per the above rules or not.)

## **B. OPEN SELECTION TRIALS:**

After completion of the direct selection process, the remaining slots will be filled through Open Selection Trials to be conducted by The Indian Kurash Association.

The matches in the Open Selection Trials to fill the remaining slots will be conducted in accordance with IKA rules. If, in any weight category, the number of participants exceeds five (5), the competition will be conducted on a knockout basis. If any weight category has five (5) or fewer participants, the competition will be conducted on a round-robin basis.

(To participate in the Open Selection Trials for Probables of Asian Games 2026 to fill the remaining slots, all athletes must fulfill all the conditions mentioned in Point No. 1 – Eligibility Criteria.)

## **3. COACHING CAMP:**

- a) Coaching Camp will depend on Government Grants or TIKA Funds.

## **4. ELIGIBILITY FOR PARTICIPATE IN FINAL SELECTION TRIALS:**

- a) Player who has been selected as a probable.
- b) Medical clearance is mandatory.
- c) All probable players must pass a fitness test before the final selection. Any player failing the fitness test will be Not participate in final selection.

## **5. FINAL SELECTION TRIALS:**

- a) The final selection will be based on the results of the matches in the final selection trials.
- b) The matches in final selection trials will be conducted on a round-robin basis.
- c) If only 1 player is to be sent: The 1<sup>st</sup> position holder in the final selection trials will be selected.
- d) If 2 players are to be sent: The 1<sup>st</sup> and 2<sup>nd</sup> position holders in the final selection trials will be selected automatically.

### **5.1. SPECIAL CASE FOR MATCH DECISIONS:**

If the Selection Committee feels that a match decision was wrong, they may:

- a) Correct the decision immediately.

## **6. GENERAL TERMS & CONDITIONS:**

### **6.1. APPOINTMENT OF REFEREES:**

Only 2 Star and 3 Star International Referees shall be appointed for the Selection Trials of Asian Games Probables and Final Selection Trials.

### **6.2. CODE OF CONDUCT & DISCIPLINE:**

- a) Any disciplinary action, doping violations, or misconduct will lead to disqualification.
- b) Selected players must adhere to The Indian Kurash Association's guidelines.

### **6.3. FINAL SELECTION APPROVAL:**

- a) The Selection Committee of the Indian Kurash Association will review the final trial results.
- b) The decision of the selection committee will be final and binding.

### **6.4. CONDITION OF PARTICIPATION:**

Participation in the Asian Games 2026 shall be subject to the approval of the Ministry of Youth Affairs and Sports and the Sports Authority of India.

### **6.5. ANY OTHER:**

If any such situation arises that is not covered by this policy, it will be resolved by the majority decision of the Selection Committee.

## **7. SELECTION COMMITTEE:**

<b>SL</b>	<b>Name</b>	<b>Designation</b>	<b>Qualification</b>
1.	Mr. Ravi Kapoor	President – TIKA Technical Director - IKA	3 Star International Referee
2.	Mr. Vikrant Kumar	General Secretary - TIKA	3 Star International Referee
3.	Mr. Rahul Vyas	Treasurer - TIKA	3 Star International Referee

4.	Mr. Sombir Singh	Technical Director – TIKA Vise President - TIKA	3 Star International Referee
5.	Mr. Ankush Naagar	Referee Director - TIKA	3 Star International Referee

**This structured and transparent system ensures that only the best and most deserving Players Represent India in the Asian Games 2026.**



Ravi Kapoor  
President  
The Indian Kurash Association  
Technical Director - IKA



Vikrant Kumar  
General Secretary  
The Indian Kurash Association